

# FrogHollow®

FrogTennis.com

## Adult Program Schedule

### Monday

8:00 - 9:30 am	2.5 - 3.0 Clinic
9:30 - 11:00 am	3.5 - 4.0 Clinic
2:00 - 3:30 pm	Pickleball Beginners Clinic
2:00 - 3:00 pm	Cardio Tennis

### Tuesday

8:00 - 9:30 am	Pickleball Round Robin (Level intermediate)
9:30 - 11:00 am	Beginner Program Series (6-week session)
9:30 - 11:00 am	Point Play Clinic (Bux Mont C Team)
9:30 - 11:00 am	2.5 - 3.0 Clinic
11:00 - 12:30 pm	Bux Mont C Team Practice (rostered players only • no subs)
11:00 - 12:30 pm	Point Play Clinic (Bux Mont A Team)
11:00 - 12:30 pm	Bux Mont B Team Practice (rostered players only • no subs)
1:00 - 3:00 pm	Pickleball Round Robin (intermediate/advanced)

### Wednesday

9:00 - 10:30 am	3.0 - 3.5 Clinic
9:30 - 11:00 am	Bux Mont C Team Practice
9:30 - 11:00 am	Serve and Return Clinic (level 3.5 - 4.0)
10:30 - Noon	Serve and Return Clinic (level 3.0 - 3.5)
11:00 - 12:30 pm	2.5 - 3.0 Clinic
Noon - 1:30 pm	Lunch Time Live Ball Drill (level 3.0 - 3.5)
Noon- 1:30 pm	Pickleball Clinic (level beginner/advanced beginner)
7:00 - 8:30 pm	Advanced Beginner Clinic

### Thursday

8:00 - 9:30 am	3.5 - 4.0 Clinic
8:00 - 9:30 am	Pickleball Round Robin (level beginner/advanced beginner)
8:00 - 9:30 am	New Players Clinic
9:30 - 11:00 am	2.5 - 3.0 Clinic
11:00 - 12:30 pm	2.5 - 3.0 Clinic
11:00 - 12:30 pm	3.0 - 3.5 Clinic
11:00 - 12:30 pm	Advanced Beginner Clinic
1:00 - 3:00 pm	Pickleball Round Robin (level intermediate/advanced)
7:30 - 9:00 pm	Live Ball Drill (Level 3.0 plus)

Over for more [➡](#)

Friday	
9:30 - 11:00 am	3.5 - 4.0 Clinic
9:30 - 11:00 am	Bux Mont B Team Practice
2:00 - 3:30 pm	Pickleball Clinic (Level beginner/advanced beginner)
Saturday	
9:00 - 10:30 am	2.5 - 3.0 Clinic
9:00 - 10:30 am	3.0 - 3.5 Clinic
10:30 - Noon	3.0 - 3.5 Clinic
Sunday	
7:30 - 9:00 am	Men's Advanced Drill (level 4.0+)
9:00 - 10:30 am	Men's Advanced Drill (level 4.0+)
10:30 - 12:00 pm	Live Ball Drill (Level 3.0 plus)
Noon - 1:30 pm	New Players Clinic
<p>Frog Hollow Racquet Club • 2115 Weber Rd, Lansdale PA • FrogTennis.com • (610) 584-5502</p> <p>Please note that all adult programs have a player minimum to run as scheduled.</p>	