



Dear Frog Hollow Parent:

Thanks for signing up to participate at Frog Hollow Racquet Club's summer camp! We are looking forward to an exciting summer filled with lots of fun and great tennis!

Preparing for camp is very important! Enclosed you will find the information you will need to prepare your child for camp. Please be sure to return the health form and signed waiver form (which can be found on the camps page of our web site www.FrogTennis.com) . **Campers will not be permitted to participate in camp unless the waiver and health forms have been filled out and signed.**

Thank you for allowing your camper to spend some of their summer with us! If you have any questions or need any additional information, you can email me at Denard@FrogTennis.com or call (610) 584-5502. We look forward to seeing your camper on the courts!

Sincerely,

A handwritten signature in black ink, appearing to read "Denard McLendon", with a long horizontal flourish extending to the right.

Denard McLendon
Director of Tennis
Frog Hollow Racquet Club

Be prepared for camp with:

- Comfortable tennis/gym clothes (and a change of shirt)
- Tennis Racquet
- Non-marking sneakers (preferably tennis sneakers)
- Cold water jug or bottle(s)
- Sunscreen
- Hat or sunglasses
- Towel
- Packed unrefrigerated lunch (for full day campers)

Frog Hollow Summer Camp Typical Daily Schedules

Monday through Friday

Frog Hollow Junior Camp (Morning)

| | |
|----------------|--|
| 8:00 am | Extended Day Drop Off (additional \$10 per hour) |
| 8:45 am | Drop Off/Check In |
| 9:00 am – Noon | Warm Up Jog & Stretching Live & Dead Ball Drills Pattern Play |
| Noon | Half-Day Camper Pick Up |

Frog Hollow Junior Camp (Afternoon)

| | |
|-----------------|---|
| Noon – 1:00 pm | Lunch (please provide a packed lunch) |
| 1:00 – 2:00 pm | Dead Ball Drills |
| 2:00 – 3:15 pm | Supervised Match Play |
| 3:15 – 4:00 pm | Final Group Game |
| 4:00 pm | Camper Pick up |
| 4:00 – 6:00 pm | Extended Day (additional \$10 per hour) |
| 5:00 or 6:00 pm | Extended Day Pick Up |

Kids Club Camp (Morning)

| | |
|-----------------|---|
| 8:45 am | Drop Off/Check In |
| 9:00 – 10:00 am | Dead Ball Drills |
| 10:00 – 10:15 | Break Time (please provide a snack if you wish) |
| 10:15 – 11:00 | Activities |
| 11:00 – Noon | Tennis Game |
| Noon | Pick up |

Kids Club Camp (Afternoon)

(for players 6 – 10 years old)

| | |
|-----------------|---|
| Noon – 1:00 pm | Lunch (please provide a packed lunch) |
| 1:00 – 2:00 pm | Dead Ball Drills |
| 2:00 – 3:15 pm | Supervised Match Play |
| 3:15 – 4:00 pm | Final Group Game |
| 4:00 pm | Camper Pick up |
| 4:00 – 6:00 pm | Extended Day (additional \$10 per hour) |
| 5:00 or 6:00 pm | Extended Day Pick Up |