



THANK YOU FOR SIGNING UP FOR FROG HOLLOW'S SUMMER CAMP! PAYMENT IN FULL ALONG WITH YOUR COMPLETED HEALTH & WAIVER FORMS ARE DUE TWO WEEKS PRIOR TO YOUR CAMPER'S START DATE TO FINALIZE YOUR CAMPER'S REGISTRATION.

CAMPERS WILL NOT BE PERMITTED TO PARTICIPATE IN CAMP WITH OUT THESE ITEMS!

QUESTIONS?

PLEASE CONTACT BECCA OR DENARD AT (610) 584-5502 OR INFO@FROGTENNIS.COM

**PLEASE RETURN COMPLETED INFORMATION TO:
Camp Director ♦ Frog Hollow Racquet Club
2115 Weber Road ♦ Lansdale, PA 19446**



Dear Frog Hollow Parent:

Thanks for signing up to participate at Frog Hollow Racquet Club's summer camp! We are looking forward to an exciting summer filled with lots of fun and great tennis!

Preparing for camp is very important! Enclosed you will find all of the forms and information you will need to prepare your child for camp. Please be sure to return the enclosed health form and signed waiver form. **Campers will not be permitted to participate in camp unless the waiver and health forms have been filled out and signed.**

Thank you for allowing your camper to spend some of their summer with us! If you have any questions or need any additional information, you can email me at Denard@FrogTennis.com or call (610) 584-5502. We look forward to seeing your camper on the courts!

Sincerely,

A handwritten signature in brown ink, appearing to read "Denard McLendon", with a long horizontal flourish extending to the right.

Denard McLendon
Director of Tennis
Frog Hollow Racquet Club

Be prepared for camp with:

- Comfortable tennis/gym clothes (and a change of shirt)
- Tennis Racquet
- Non-marking sneakers (preferably tennis sneakers)
- Cold water jug or bottle(s)
- Sunscreen
- Hat or sunglasses
- Packed non-refrigerated lunch (for full day campers)
- Snack (for 10 and Under Tennis campers)
- Towel

Frog Hollow Summer Camp Typical Daily Schedules

Monday through Friday

Frog Hollow Junior Camp (Morning)

8:00 am	Extended Day Drop Off (additional \$10 per hour)
8:45 am	Drop Off/Check In
9:00 am – Noon	Warm Up Jog & Stretching Live & Dead Ball Drills Pattern Play
Noon	Half-Day Camper Pick Up

Frog Hollow Junior Camp (Afternoon)

Noon – 1:00 pm	Lunch (please provide a packed non refrigerated lunch)
1:00 – 1:30 pm	Warm Up
1:30 – 3:30 pm	Supervised Match Play
3:30 – 4:00 pm	Cross Training
4:00 pm	Camper Pick up
4:00 – 6:00 pm	Extended Day (additional \$10 per hour)
5:00 or 6:00 pm	Extended Day Pick Up

10 and Under Tennis Camp (Morning)

8:45 am	Drop Off/Check In
9:00 – 10:00 am	Dead Ball Drills
10:00 – 10:15	Break Time (please provide a snack if you wish)
10:15 – 11:00	Games & Activities
11:00 – Noon	Tennis Game
Noon	Half-Day Camper Pick Up

10 and Under Tennis Camp (Afternoon)

(for players 6 – 10 years old only)

Noon – 1:00 pm	Lunch (please provide a packed lunch)
1:00 – 1:30 pm	Warm Up
1:30 – 4:00 pm	Supervised Match Play & Other Fun Activities
4:00 pm	Camper Pick up
4:00 – 6:00 pm	Extended Day (additional \$10 per hour)
5:00 or 6:00 pm	Extended Day Pick Up



HEALTH INFORMATION FORM

Camper Name _____ Birth Date _____ Sex _____ Age _____

Parent/Guardian _____ Day Phone _____

Address _____

Home Phone _____ Alternate Phone _____

Email Address _____

If not available in an emergency, notify:

Name _____ Home Phone _____

Day Phone _____

Family Doctor _____ Phone _____

Family Dentist _____ Phone _____

Date of last physical examination _____

Does the child have any allergies (food, drugs, plants, insects, etc.)? No Yes, explain:

Does your child have medical conditions that we should be aware of (e.g. Asthma): No Yes, explain:

Medical/Hospital Insurance:

Carrier _____ Policy/Group# _____

In the event I cannot be reached in an emergency, I hereby give permission to the physician to secure and administer treatment, including hospitalization, for my child as named above.

Signed _____

Relationship _____ Date _____



Player's Rules & Waiver Agreement

1. Management reserves the right to reassign courts when necessary
2. Proper tennis attire is required. NO running shoes or black-soled shoes will be allowed while on the court
3. Children under 12, who are not playing tennis, must be supervised by an adult
4. We honor VISA, MasterCard, cash or personal checks for your convenience
5. NO smoking is permitted inside the facility
6. Deposits for contract court fees are refundable only when the court has been resold
7. Turn off all cell phones while on the court
8. Frog Hollow has the right to suspend a contract, membership or customer if:
 - a. Player is disruptive or abusive to fellow club or staff members
 - b. Player damages the facility
 - c. All bills are not taken care of on time
9. In case of an emergency we will contact 911
10. Involvement in all club activities shall be undertaken at your own risk (on or off site)
11. Frog Hollow will not be responsible for any cash valuables or personal property brought to the club
12. You must be a member to participate in league play
13. Memberships are to be paid in full with application and are not refundable or transferable
14. Court reservations will be accepted up to 2 weeks prior to play
15. Private lessons & open court time must be cancelled 24 hours in advance of your scheduled time or they will be billed to your account
16. Photos of players may be used in Frog Hollow web sites, publications, advertisements and other collateral materials.
17. All instruction must be from Frog Hollow Pros
18. Club must be open for business for players to be on court
19. Junior Players:
 - a. All students must be placed by a senior pro
 - b. Clinics **MUST** be prepaid to reserve a player's spot
 - c. If you do not pre-pay, player will be charged a daily rate for the class (players who pay daily rate are not guaranteed a spot in the class)
 - d. There is a minimum of 4 players in each clinic, if that minimum is not met, players will be moved to other classes.
 - e. There is only **1 make-up allowed per session** - and it must be made up **DURING** the session the class was missed. Classes may be made up only if you call to notify the club before the missed class.
 - f. When a player is registered and paid in full for the current session, he/she can resign up for the same day, same clinic, 3 weeks in advance of the next session. If a player is not in the current session, or wishes to change days, he/she may sign up 2 weeks in advance of the next session.
 - g. Photos of players may be used in Frog Hollow web sites, publications, advertisements and other collateral materials.
 - h. Junior clinics and camps are non-refundable and non-transferable

I, _____ agree to the above conditions and rules of Frog Hollow Racquet Club.

Please Print (name of parent of guardian)

Signature

Date

Junior players please have parent or guardian sign above. Name of junior player: _____
Please Print (name of junior player)